



PSHE AT ST MARK'S

SUBJECT OVERVIEW



PROGRESSION IN PSHE

In Key Stage 1 children will begin to explore who they are, how to look after themselves, their relationships with others in and out of school and their place in the wider community. In Key Stage 2 children will build on their learning and begin to examine the themes in greater depth. They will begin to look at a wider range of relationships, consider what influences who they are and the choices they make. Children will also consider how wider society works and how they can bring about change.

INTENT STATEMENT:

PSHE at St-Marks is embedded as part of our broad and balanced curriculum. Pupil's spiritual, moral, social and cultural (SMSC) development is at the heart of our school ethos.

When planning and teaching PSHE we ensure that our programme of study reflects the universal needs of our children and the specific needs of our school and wider community.

The three core themes of Health and Wellbeing, Relationships and Living in the Wider World will allow children to explore, discuss and reflect on their current experiences and the experiences of other's within their school and local community.

We provide our children with opportunities to learn about their rights and responsibilities and appreciate what it means to be a member of a diverse society.

Our aim is that will prepare our children with specific knowledge and skills so that they can go to be healthy, independent and responsible members of society in the future.



INSPIRED	Our children will be inspired and informed to live lifestyles that keep them mentally and physically well. Central to this is our children's ability to believe they can achieve goals, both academic and personal; to stick to tasks in order to achieve their goals and be resilient enough to accept setbacks and challenges. We want our pupils to become the best versions of their self.
INQUISITIVE	At St. Marks, we want children to have an innate curiosity for the world they live in. Lessons are designed using high –quality texts and resources to provide a stimulus for discussion and reflection. By generating and refining ideas, formulating questions and using knowledge gained, our aim is for children to become more aware of their wider world so they want to explore it in the future.
CREATIVE	Creativity is defined as the ability to use imagination and critical thinking to create new and meaningful forms of ideas. Our lessons embody this definition by promoting both collaboration and independence. We want our children to take risks and develop their ability to problem solve so they can adapt to the fast-changing world they are growing up in.
CHALLENGED	Children will be challenged through honest and open discussions during their PSHE lessons. Underpinned by our British and Christian Values, children will explore their personal beliefs and the beliefs held by others to enable children to develop and understand the importance of acceptance, tolerance and respect in our school and the wider world.
ADVENTUROUS	Experiential learning in PSHE is crucial in order to allow concrete experiences of abstract concepts. Through these experiences, children will learn the ability to theorize about concepts they are studying and apply them to other areas of their lives ensuring that learning goes beyond the classroom. Thoughtful reflection allows children time to process their experiences and learning gained.

LOVING, GROWING and SUCCEEDING TOGETHER