

Covid-19 - the right test helps protect us all

There are two different types of Covid-19 tests, so make sure you take the right one. To understand the right tests for the right situation, answer this question:

Why are you taking a test?

I don't feel well, I want to check if my symptoms are from a Covid-19 infection
For advice on symptoms, see reverse



I feel fine and have had my second vaccine but I want to check if I have non-symptomatic Covid-19 so I don't pass it on to my friends and family



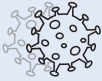
I don't have any symptoms, but I've been told I am a close contact of somebody with Covid-19, and I have been advised to get tested



My workplace has asked me to take regular Covid-19 tests to keep an eye out for non-symptomatic Covid-19

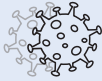


Symptoms or close contact = PCR Test

	Is it sent away for processing?	✓
	Results received:	Within up to 72 hours
	Tells if you have Covid-19?	✓
	Can be checked for variants?	✓

Find local test sites and how to get a home test at
www.nhs.uk/coronavirus
For help and support with self-isolating visit
www.dudley.gov.uk/self-isolation

No symptoms = Lateral Flow Test (LFT)

	Is it sent away for processing?	X
	Results received:	Within 15-30 minutes
	Tells if you have Covid-19?	✓
	Can be checked for variants?	X

Free boxes of rapid tests (LFT) can be picked up at test centres, participating pharmacies or ordered online - find out your local collection point at
www.dudley.gov.uk/symptomfree

**Play your part -
protect Dudley borough**

Dudley
Metropolitan Borough Council

The symptoms of COVID-19

The main symptoms of COVID-19:



a new, continuous cough



a high temperature



a loss or change to your sense of smell or taste

...you should immediately self-isolate and book a PCR test for any of the above symptoms.

Symptoms sometimes linked to COVID-19:



headaches



aches and pains



sore throat



runny nose



sneezing



tummy ache in children



feeling very tired for no good reason

...you may wish to book a precautionary PCR test if you feel unwell with any of the above symptoms.

**Book a test at
www.nhs.uk/coronavirus or by calling 119**

If you're booking a precautionary test, select that your council has asked you to do so.

REMEMBER:



HANDS



FACE



SPACE



FRESH AIR



TEST



VACCINATE

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